

ANTHROPOMOLECULAR
BIOLOGY MEDICINE
SUSTAINABLE
INDUSTRIAL SOCIOLOGY
CHEMISTRY AGING
TECHNOLOGY PHYSIOLOGY
MATHEMATICS
NEUROLOGY BIOCHEMISTRY
PHYSICS PSYCHOLOGY

Sustainable Aging

- Online IARU
course

4 - 8 December 2023



What the course is about: Population aging is a major demographic trend across world regions and brings with it complex opportunities as well as challenges for individuals, the healthcare systems, societal resources, infrastructure, and resource allocations.

To reap the benefits of a larger population of elderly and to minimize the challenges of same, there is a huge focus on defining and implementing more sustainable approaches to aging. However, sustainable aging is not a well defined strategy, and perceived best approach varies significantly from different scientific disciplines.

In this interdisciplinary online course, leading age-researchers representing biology, medicine, social sciences and humanities will give you their perspectives on sustainable aging, inspire you to do your own assessment through facilitated discussion between presenter(s) and students.

Who is this course for: This course is intended for master students and PhD students in their first years of their PhD who are interested in aging and interdisciplinarity. All scientific backgrounds are welcome

The course spans 5 days and will have a strong focus on facilitated discussions between presenter(s) and students.

How to participate in the course: This is an online course. Presentations are offered via live-streaming with input from participating students but are also recorded and offered as streams.

Students are given assignments after each lecture. Students will be divided into work groups depending on time zones. Review of assignments will be done via live streaming in a time slot most optimal for all international students and will be available for streaming afterwards.

Criteria for completion: Completion of course will be based on participation in group work. Course is graded with a pass / non-pass grade. Upon completion an official course certificate will be issued. Participation is awarded with 5 ECTS (Suggested).

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Signup here:
<https://healthyaging.ku.dk/calendar/iaru-sustainable-aging/>

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